Dear Parent/Guardian:  

The Alabama State Department of Education and Alabama Department of Public Health requires that school districts in Alabama offer and provide scoliosis screening for male and female students annually in grades 5 through 9. Scoliosis is a curvature of the spine and when found early may be easily treated. The purpose is to recognize, at the earliest stages, any spinal deviation from normal so that the need for treatment can be determined.

Screening is performed by observing the student’s spine and posture while standing and bending forward. If a spinal problem is suspected, the parent/guardian will be notified by letter. Parents of students found to have signs of a possible spinal abnormality will be asked to see their own physicians for further evaluation.

Girls and boys will be screened separately to ensure privacy. It is suggested that girls wear a halter-top or swim top under clothing and boys remove their shirts. If your child is currently under treatment for a spinal deformity, please let us know and your child will be exempt from the screening process. The screening will be conducted by licensed school nurses. University of North Alabama nursing students may assist the licensed school nurses on some campuses.

Please complete the consent form below if you want your child screened for scoliosis.

Please note: forms not returned will result in student not being screened.

I do wish for my son/daughter to be screened for scoliosis.

_________________________  _____________________  _______________________
Student Name (Print)    Grade    Parent/Guardian Signature

Please return form to the school nurse by March 13, 2020 if you want your child screened.